

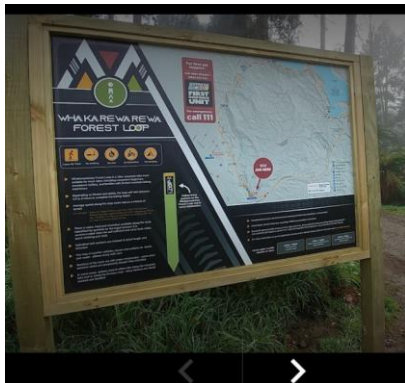
Rotorua Forest Loop ride

MEET AT: Mountain Bike Rotorua, Waipa MTB Carpark, Waipa State Mill Road, Rotorua.

TIME: ?



There is a huge parking area with toilets, showers & bike wash down area behind the Mountain Bike Rotorua building. Meet out the front of the Mountain Bike Rotorua Building on the grass area by this map



DIRECTIONS

If using Google Maps the easiest way to find it is to put **Secret Hot Tubs, Rotorua** in your search and it will lead you to the carpark.

If you use MTB Park Rotorua as your search words, you may end up at the wrong MTB Park (as I have previously done!) Redwoods carpark or The Te Putake O Tawa, Tarawera Road, MTB Park

If navigating manually from the Sport of Kings Motel it is only a 5 to 10 min drive, head south out of town on Fenton Street and go straight onto route 30, veer left onto route 5 and turn left on Waipa State Mill Road.

TOILETS

After the Waipa carpark toilets, there are only two other toilet stops on the way. The next ones are approx. 90 min away at the Tawa MTB Park and about 20 min later at the Blue Lake.

CAFÉ

The Forest Loop food options are limited. Take your own morning tea snack and your own lunch if you have specific food requirements. Lunch stop will be after about 90min riding at Te Putake O Tawa, MTB Park on Tarawera Rd. There is a new container called Grounded Café. They serve coffee, smoothies, cold drinks and protein bars & snack food . There is also another Food Caravan called Mitai, their hours are flexible according to how busy the day is and they are not contactable by phone. So there may be available hot chips & burgers.



AFTER LUNCH ICECREAM: Approx 20 min ride further on is Blue Lake TOP 10 Holiday Park, they have an icecream & iceblocks freezer & coffee. The main reason for going here is that it is a good spot to stop and get views of the Blue Lake, as it is not very visible from the track.

RIDE: 35km approx. 2.45min to 3 hours riding time. Best ridden on Knobbly tyres.

Injury contact number. If you need First Aid support call the First Response Unit on 0800 WHAKA1. 0800 942521

A few loose stones, tree roots & possible muddy bits but the rest very rideable. It is mostly one way easy riding Grade 2 MTB trail. With one small section of steep hill with x2 tight turns followed by steep decline. Best walked with a group. In summary a diverse beautiful ride with lots of stunning views over Lake Rotorua & Lake Tikitapu (Blue Lake) and Lake Rotokākahi (Green Lake). A privilege to ride through so much native bush & forested area and of course through the Redwoods. One of my top 10 NZ rides.

SPECIAL NOTE: Other MTB tracks cross this route in **multiple** places. Very important to watch the rider in front and stay connected with the rider behind. If you get lost, stop immediately, go back to the previous intersection, and find these signs. Signs to follow



AFTER THE RIDE: The Secret Hot Tubs Café at the far end of the carpark serves Coffee, Locally grown Tea, Soda and Alcohol! (Good George Brewing) & light snacks. There is a deck outside where riders can gather and soak their feet in a small hot tub for free. Alternatively, book your own Secret Hot Tub for a relaxing soak in fresh spring water. \$35 per person for 4-6 people. Book Here <https://obl.rtbslive.com/obl2/secretspot/availability/raty07pib6>

